



**My Community Care Direct Health Care Centers
For Members and Their Families**





My Community Care Direct Health Care Centers

My Community Care Membership

My Community Care, members now have the opportunity to receive treatment at direct health care centers throughout the United States. These locations offer medical care for injuries and illness, as well as preventive health and wellness services.

There are no co-pays or deductibles for the services offered at the direct health care centers.

Services include medical, injury and urgent care. Preventive and health services include flu shots, travel health, physical exams and wellness programs.

Members are treated at the direct health care centers, on a walk-in basis and there is no appointment necessary. Non-urgent injuries and illness will be treated within the normal flow of waiting patients.

Members who wish to schedule an appointment are urged to do so for medical exams that require additional paperwork and testing. Additional information and scheduling details will be included in the new member information packet upon enrollment in the My Community Care membership.

Services vary depending on each individual health care location.

Below are a few examples of the services that members of My Community Care can receive in any of the nationwide partner direct health care centers.

- Injury and illness visits
- Work related injuries
- Lab and imaging services
- Annual work, school, sports or DOT physicals
- Vaccinations
- Cold and flu, strep throat and allergies
- Sprains, back pain and strains
- Urinary tract infections
- Minor burns
- Sinus, ear and eye infections
- Bronchitis

Please note if you are experiencing a life-threatening illness or injury, you should go directly to an emergency room.

No Deductibles or Co-Payments.

No Exclusions for Pre-Existing Conditions.

This membership program is not insurance.

Additional Member Benefits Included



24 Hour Nurse-Doctors' Hotline

You and your family can utilize our 24 hour nurse-doctors' hotline to consult a medical professional about your medical concerns.

BioScrip Discount Rx Card

- Receive discounts on generic and name brand drugs.
- No forms to fill out, no age limit and no pre-existing conditions.
- Purchase a 90 day supply via mail and save even more.

Diagnostic Imaging and Lab

Utilize My Community Care nationwide lab partners and diagnostic imaging network for lab work and advanced radiologic procedures. Save 10 to 80% on MRI and CT scans. Multilingual customer service reps assist members with location selection and scheduling of diagnostic-imaging appointments.

Discount on Physicians & Specialists Away from Healthcare Centers

When members are seen at one of the My Community Care partner centers and require follow up with a specialist, such as a cardiologist, members utilize our Discount Health Network of physicians and receive discounted rates.

Diabetic Care Supplies

Discount on diabetic supplies. Free glucose meter and monitoring service available.

Discount Dental Plan

- Average annual savings of \$1,200 per family on dental work.
- Savings of 20% to 50% on most dental procedures, including routine oral exams, unlimited cleanings and major work such as dentures, root canals and crowns.
- Savings of 20% on orthodontics for both children and adults.
- Savings of 20% on normal fees for all specialties – including endodontics, oral surgery, orthodontics, pediatric dentistry, periodontics and prosthodontics – where available.
- Access to over 78,000 dental access points.

Discount Chiropractic and Physical Therapy Services

Utilize Galaxy Health Network's nationwide network of 17,000 providers. Members enjoy a 25 to 30% discount on all treatment services and individualized treatment programs.

Preferred Vision Care - Discount Plan

- Save 5% to 60% on eyewear at over 12,000 locations.
- Save on LASIK surgery.
- Save 5% to 20% on replacement contact lenses through the mail order service.



Member Rate:

Using your benefit is easy!

1

VISIT OUR WEBSITE

Visit www.mycommunitycare.com and login using the username: **INET** and password **Locations** or call 888-884-2582

2

FIND A LOCATION

Choose from any of our nationwide direct-care partner locations.

3

GO TO DIRECT-CARE PARTNER

Be sure to bring the following:

- Your Membership Card
- Photo ID

Frequently Asked Questions:

Is the My Community Care Membership program insurance?

No. My Community Care is a direct care membership program; that has NO co-pays or deductibles to meet. The membership entitles you and your family access to My Community Care Direct Health Care Centers located throughout the United States.

Will I receive a membership card?

Yes. Upon completion of the enrollment process you will receive a personalized membership card along with additional membership information.

Can family members also use the benefits of the My Community Care Membership program?

Yes. My Community Care Family Membership provides the same benefits of membership to spouses and dependent children over the age of six months (some age limits may apply). All family members must apply for membership.

Dependent children may remain on the membership until they reach age 26.

Are pre-existing conditions treated at the My Community Direct Care Centers?

Yes. Pre-existing conditions are covered as long as the member is over the age of six months and are not under the current care of a specialist or need to be under a specialist's care.

In short, medical conditions that require immediate attention – but aren't an emergency – can be treated at one of the My Community Care Direct Health Care Centers. These providers are experienced in treating both simple and complex cases.

If you are experiencing a life-threatening illness or injury, you should go directly to an emergency room.

My Community Care Membership program is not insurance, nor is it designed to replace any insurance program.

For more details call:



My Community Care Member Services  13 E. First St.  London, OH 43140  (888) 884-2582